



1
00:00:06,230 --> 00:00:02,950
station this is houston are you ready

2
00:00:06,240 --> 00:00:09,589
absolutely we are ready

3
00:00:13,669 --> 00:00:11,749
bbc radio this is mission control

4
00:00:15,190 --> 00:00:13,679
houston please call station for a voice

5
00:00:17,430 --> 00:00:15,200
check

6
00:00:20,470 --> 00:00:17,440
station this is bbc radio how do you

7
00:00:23,590 --> 00:00:22,230
bbc radio we have you loud and clear

8
00:00:25,109 --> 00:00:23,600
welcome aboard the international space

9
00:00:27,269 --> 00:00:25,119
station

10
00:00:28,950 --> 00:00:27,279
a great pleasure to speak to you both

11
00:00:31,349 --> 00:00:28,960
happy christmas first of all happy

12
00:00:33,110 --> 00:00:31,359
birthday i gather commander wilmore and

13
00:00:35,270 --> 00:00:33,120

of course at this time of year happy new

14

00:00:37,830 --> 00:00:35,280

year tell us first of all how important

15

00:00:41,510 --> 00:00:37,840

are these celebrations to bond you as a

16

00:00:44,630 --> 00:00:43,270

you know it has actually bonus pretty

17

00:00:46,150 --> 00:00:44,640

nicely as a team

18

00:00:47,350 --> 00:00:46,160

celebrating these special holidays

19

00:00:49,430 --> 00:00:47,360

christmas of course my birthday

20

00:00:51,590 --> 00:00:49,440

yesterday and this the crew made it

21

00:00:53,510 --> 00:00:51,600

really special because they said nothing

22

00:00:55,590 --> 00:00:53,520

to me at all initially for the first

23

00:00:56,869 --> 00:00:55,600

hour of the day uh nothing at all and

24

00:00:58,069 --> 00:00:56,879

then of course mission control they had

25

00:01:00,549 --> 00:00:58,079

it all planned and they had a big

26

00:01:02,229 --> 00:01:00,559

surprise and you know on the some some

27

00:01:03,750 --> 00:01:02,239

of the notes we get stuff on that and

28

00:01:05,990 --> 00:01:03,760

then our singing and all it was it was

29

00:01:07,510 --> 00:01:06,000

certainly special

30

00:01:10,870 --> 00:01:07,520

and did he get any nice presents

31

00:01:14,789 --> 00:01:12,469

i did actually my russian colleagues

32

00:01:18,390 --> 00:01:14,799

they gave me a nice little russian medal

33

00:01:20,230 --> 00:01:18,400

and uh terry virts our other uh u.s uh

34

00:01:23,510 --> 00:01:20,240

astronaut he gave me a big bag of

35

00:01:25,510 --> 00:01:23,520

reese's pieces it was great

36

00:01:26,710 --> 00:01:25,520

well i suppose you need to you need to

37

00:01:28,870 --> 00:01:26,720

keep them don't you because you can't

38

00:01:30,710 --> 00:01:28,880

return them to any store up there i

39

00:01:32,789 --> 00:01:30,720

would imagine um

40

00:01:34,950 --> 00:01:32,799

samantha tell us

41

00:01:37,429 --> 00:01:34,960

is it possible to paint a picture of

42

00:01:42,710 --> 00:01:37,439

where you are precisely now and what do

43

00:01:46,469 --> 00:01:44,789

you know i don't have awareness right

44

00:01:48,950 --> 00:01:46,479

now of where we are in this precise

45

00:01:51,350 --> 00:01:48,960

moment but i can tell you that these

46

00:01:53,910 --> 00:01:51,360

are very special days for us

47

00:01:57,270 --> 00:01:53,920

sometime this morning we have seen our

48

00:01:59,109 --> 00:01:57,280

last sunset for several days

49

00:02:02,310 --> 00:01:59,119

you probably heard that normally here on

50

00:02:05,030 --> 00:02:02,320

board the space station we see 15 to 16

51
00:02:07,109 --> 00:02:05,040
sunsets and sunrises every day but now

52
00:02:09,430 --> 00:02:07,119
we're going into a very special period

53
00:02:11,350 --> 00:02:09,440
in which we basically track along what

54
00:02:13,190 --> 00:02:11,360
we call the terminator which is the line

55
00:02:15,190 --> 00:02:13,200
between daylight and

56
00:02:17,670 --> 00:02:15,200
night on on the ground and so we're

57
00:02:19,430 --> 00:02:17,680
basically for four or five days we'll be

58
00:02:21,030 --> 00:02:19,440
in this permanent twilight condition

59
00:02:22,790 --> 00:02:21,040
where it's never night and it's never

60
00:02:25,350 --> 00:02:22,800
really day and it makes for for

61
00:02:27,670 --> 00:02:25,360
beautiful views out the window

62
00:02:29,430 --> 00:02:27,680
what does that feel like experiencing

63
00:02:31,430 --> 00:02:29,440

something like that that you know we can

64

00:02:34,949 --> 00:02:31,440

only imagine about when we're down here

65

00:02:39,750 --> 00:02:37,190

honestly it is very difficult to put

66

00:02:41,670 --> 00:02:39,760

into words because the colors are so

67

00:02:43,750 --> 00:02:41,680

vivid i mean to look and see

68

00:02:45,270 --> 00:02:43,760

mountaintops mountain ranges the entire

69

00:02:46,790 --> 00:02:45,280

himalayan mountains including mount

70

00:02:49,110 --> 00:02:46,800

everest and all the other beauty of

71

00:02:50,949 --> 00:02:49,120

those mountains and the sierra nevadas

72

00:02:53,030 --> 00:02:50,959

in the united states the alps in europe

73

00:02:54,550 --> 00:02:53,040

i mean it's just mesmerizing the colors

74

00:02:55,910 --> 00:02:54,560

of the waters the various colors the

75

00:02:58,229 --> 00:02:55,920

greens that are in some of the waters

76

00:02:59,910 --> 00:02:58,239

the aqua the deep blue

77

00:03:01,430 --> 00:02:59,920

it's hard to put into words other than

78

00:03:02,790 --> 00:03:01,440

other than to say it's just absolutely

79

00:03:04,630 --> 00:03:02,800

amazing

80

00:03:06,550 --> 00:03:04,640

well you've done a terrific job for us

81

00:03:08,710 --> 00:03:06,560

thank you tell us commander how long

82

00:03:10,149 --> 00:03:08,720

have you been personally in space and

83

00:03:14,149 --> 00:03:10,159

what have you been able to achieve in

84

00:03:17,910 --> 00:03:15,750

oh my well three months and i tell you

85

00:03:19,430 --> 00:03:17,920

what in three months it's been quite

86

00:03:21,509 --> 00:03:19,440

quite busy we've

87

00:03:23,509 --> 00:03:21,519

received and sent spacex one of the

88

00:03:25,589 --> 00:03:23,519

cargo vehicles arrived early in my uh in

89

00:03:27,430 --> 00:03:25,599

my increment and we sent it back and

90

00:03:28,869 --> 00:03:27,440

we'll be receiving another spacex cargo

91

00:03:30,550 --> 00:03:28,879

vehicle soon we've received several

92

00:03:32,869 --> 00:03:30,560

progress vehicles and each of these

93

00:03:35,110 --> 00:03:32,879

cargo vehicles bring a great deal of

94

00:03:37,430 --> 00:03:35,120

supplies cargo and of course experiments

95

00:03:39,270 --> 00:03:37,440

as well so every time they're here we

96

00:03:40,390 --> 00:03:39,280

are very busy doing various experiments

97

00:03:42,550 --> 00:03:40,400

on various different things earth

98

00:03:44,550 --> 00:03:42,560

sciences physical sciences and

99

00:03:46,309 --> 00:03:44,560

everything in between

100

00:03:48,949 --> 00:03:46,319

and i gather samantha that there are

101
00:03:51,190 --> 00:03:48,959
some space walks planned uh early in the

102
00:03:56,070 --> 00:03:51,200
new year again what what is the what is

103
00:04:00,390 --> 00:03:58,470
well actually i'll pass it to butch for

104
00:04:01,990 --> 00:04:00,400
this answer because he and terry will

105
00:04:03,910 --> 00:04:02,000
actually be doing those space walks and

106
00:04:07,270 --> 00:04:03,920
i'll be supporting as what we call the

107
00:04:09,990 --> 00:04:07,280
intravehicular officer okay

108
00:04:11,910 --> 00:04:10,000
outfitting the exterior of the station

109
00:04:13,670 --> 00:04:11,920
yeah we're outfitting extra station we

110
00:04:15,990 --> 00:04:13,680
have some cargo vehicles and crude

111
00:04:17,830 --> 00:04:16,000
vehicles that are in design right now

112
00:04:20,629 --> 00:04:17,840
that eventually will dock to the space

113
00:04:22,150 --> 00:04:20,639

station and those docking uh mechanisms

114

00:04:23,749 --> 00:04:22,160

are different than what we actually have

115

00:04:25,030 --> 00:04:23,759

on station now we have the old shuttle

116

00:04:26,950 --> 00:04:25,040

mechanism we have to put some new

117

00:04:28,790 --> 00:04:26,960

docking adapters on there and before we

118

00:04:30,629 --> 00:04:28,800

even put those docking adapters on there

119

00:04:33,189 --> 00:04:30,639

we have to run power to those and we'll

120

00:04:34,629 --> 00:04:33,199

be laying a great deal of cable to power

121

00:04:36,790 --> 00:04:34,639

those docking adapters which will

122

00:04:38,230 --> 00:04:36,800

eventually arrive but before i finish

123

00:04:40,390 --> 00:04:38,240

terry and i are scheduled to do those

124

00:04:43,030 --> 00:04:40,400

space walks but i can tell you being the

125

00:04:45,510 --> 00:04:43,040

iva the person that suits us up and and

126

00:04:48,550 --> 00:04:45,520

sends us out and brings us back in is by

127

00:04:50,469 --> 00:04:48,560

far the hardest job i kid you not it is

128

00:04:52,310 --> 00:04:50,479

the hardest job and that's what samantha

129

00:04:54,870 --> 00:04:52,320

will be doing for us

130

00:04:56,469 --> 00:04:54,880

okay a few a few quick fire questions

131

00:04:58,710 --> 00:04:56,479

for you uh from our listeners in

132

00:05:00,469 --> 00:04:58,720

particular who you know forgive us we

133

00:05:02,390 --> 00:05:00,479

don't know much about how you guys

134

00:05:04,550 --> 00:05:02,400

operate on a day-to-day basis so maybe

135

00:05:12,390 --> 00:05:04,560

you can give us an insight first of all

136

00:05:16,390 --> 00:05:14,469

first of all i have to say i sleep great

137

00:05:18,150 --> 00:05:16,400

up here it's the best sleep i've ever

138

00:05:20,550 --> 00:05:18,160

had in my life i've had it up here on

139

00:05:22,390 --> 00:05:20,560

the space station um we basically sleep

140

00:05:24,550 --> 00:05:22,400

floating well it depends uh people have

141

00:05:27,029 --> 00:05:24,560

different preferences but personally i

142

00:05:29,110 --> 00:05:27,039

just love to sleep in a sleeping bag we

143

00:05:31,510 --> 00:05:29,120

all have our sleeping bag and i just

144

00:05:34,230 --> 00:05:31,520

love to leave it floating each of us has

145

00:05:36,070 --> 00:05:34,240

a little cabin it's about the size of of

146

00:05:38,469 --> 00:05:36,080

the old phone boots for those who are

147

00:05:40,310 --> 00:05:38,479

old enough to remember those

148

00:05:42,469 --> 00:05:40,320

and and i just let myself float in there

149

00:05:44,390 --> 00:05:42,479

and i don't float far and i guess i

150

00:05:46,469 --> 00:05:44,400

probably bounce off the walls a few

151

00:05:48,870 --> 00:05:46,479

times during the night but it's a very

152

00:05:51,110 --> 00:05:48,880

gentle bouncing it does not wake me up

153

00:05:53,350 --> 00:05:51,120

at all and that feeling of just having

154

00:05:55,430 --> 00:05:53,360

my body completely relaxed and no

155

00:05:58,790 --> 00:05:55,440

pressure on any side of my body is just

156

00:05:58,800 --> 00:06:05,029

and what do you eat

157

00:06:08,469 --> 00:06:06,870

absolutely anything that we can get our

158

00:06:10,870 --> 00:06:08,479

hands on

159

00:06:13,510 --> 00:06:10,880

for some reason i'm not sure what it is

160

00:06:15,830 --> 00:06:13,520

but my appetite is three times what it

161

00:06:17,350 --> 00:06:15,840

is on earth and they actually cut back

162

00:06:19,350 --> 00:06:17,360

our rations a little bit because we have

163

00:06:21,110 --> 00:06:19,360

so many days we bring out some more food

164

00:06:22,870 --> 00:06:21,120

because samantha's with us but i tell

165

00:06:24,070 --> 00:06:22,880

you what the young lady can eat as well

166

00:06:25,749 --> 00:06:24,080

so

167

00:06:28,309 --> 00:06:25,759

she can pack it away just like the rest

168

00:06:30,629 --> 00:06:28,319

of us we do stay hungry

169

00:06:32,870 --> 00:06:30,639

thank you so much for joining us from

170

00:06:34,870 --> 00:06:32,880

space i know a british astronaut tim

171

00:06:36,390 --> 00:06:34,880

peake is going to be joining you next

172

00:06:38,070 --> 00:06:36,400

year as well which will be amazing

173

00:06:40,469 --> 00:06:38,080

moment for everyone here in the in the

174

00:06:43,110 --> 00:06:40,479

uk we appreciate your time happy new

175

00:06:47,670 --> 00:06:44,629

thank you happy new year to all as well

176

00:06:52,070 --> 00:06:49,830

station this is houston acr that

177

00:06:52,950 --> 00:06:52,080

concludes the bbc radio portion of the

178

00:06:54,870 --> 00:06:52,960

event

179

00:06:57,749 --> 00:06:54,880

please stand by for a voice check from

180

00:07:03,589 --> 00:06:57,759

cbs news

181

00:07:06,870 --> 00:07:05,029

we hear you loud and clear welcome

182

00:07:08,790 --> 00:07:06,880

aboard well thank you very much and

183

00:07:10,710 --> 00:07:08,800

first of all happy holidays to both of

184

00:07:11,670 --> 00:07:10,720

you and butcher belated happy birthday

185

00:07:13,270 --> 00:07:11,680

to you

186

00:07:14,550 --> 00:07:13,280

uh what did you guys do to celebrate up

187

00:07:16,629 --> 00:07:14,560

there and what are your plans for the

188

00:07:19,749 --> 00:07:16,639

new year i guess there's no champagne up

189

00:07:24,070 --> 00:07:21,830

no there's no champagne but

190

00:07:26,469 --> 00:07:24,080

we'll break open a grapefruit juice or

191

00:07:28,550 --> 00:07:26,479

tropical punch whatever we have on board

192

00:07:30,230 --> 00:07:28,560

and the birthday yesterday was very

193

00:07:32,390 --> 00:07:30,240

special the crewmates made it very

194

00:07:35,110 --> 00:07:32,400

special for me the the ground mission

195

00:07:36,710 --> 00:07:35,120

controls across the globe made it very

196

00:07:38,550 --> 00:07:36,720

special with some very special they

197

00:07:41,189 --> 00:07:38,560

actually sang to me sent me cards so it

198

00:07:42,790 --> 00:07:41,199

was a great day great and very memorable

199

00:07:44,469 --> 00:07:42,800

samantha do you have a new year's

200

00:07:45,589 --> 00:07:44,479

resolution or butch for that better

201
00:07:54,710 --> 00:07:45,599
either one of you have any new year's

202
00:07:58,629 --> 00:07:56,150
i can tell you one thing you think about

203
00:08:01,189 --> 00:07:58,639
when you're up here bill is when uh

204
00:08:03,830 --> 00:08:01,199
we do various tasks i mean we may do 15

205
00:08:06,230 --> 00:08:03,840
different tasks on 15 different subject

206
00:08:08,469 --> 00:08:06,240
matters a day and one thing you think

207
00:08:10,390 --> 00:08:08,479
about constantly is don't let me mess

208
00:08:11,990 --> 00:08:10,400
this up because there's people on the

209
00:08:13,670 --> 00:08:12,000
ground that you know put a lot of effort

210
00:08:15,189 --> 00:08:13,680
into getting it up here and we don't

211
00:08:17,110 --> 00:08:15,199
want to be the ones to mess it up so my

212
00:08:18,950 --> 00:08:17,120
new year's resolution is to try to pay

213
00:08:22,309 --> 00:08:18,960

better attention to every step of every

214

00:08:27,830 --> 00:08:22,319

procedure so we get it all right

215

00:08:32,709 --> 00:08:30,710

yeah i was trying to think and uh

216

00:08:35,589 --> 00:08:32,719

i guess i have i have been here on board

217

00:08:37,029 --> 00:08:35,599

for uh for about a month now and uh i

218

00:08:38,709 --> 00:08:37,039

guess there are some things that at the

219

00:08:39,990 --> 00:08:38,719

beginning you kind of put off because

220

00:08:41,990 --> 00:08:40,000

you've just arrived and you need to

221

00:08:44,550 --> 00:08:42,000

adjust and you'll need to learn how to

222

00:08:46,070 --> 00:08:44,560

live as a as an extraterrestrial life

223

00:08:49,190 --> 00:08:46,080

form here on board of the international

224

00:08:50,949 --> 00:08:49,200

space station um and so i guess one of

225

00:08:52,550 --> 00:08:50,959

the things that i have been putting off

226

00:08:54,389 --> 00:08:52,560

and that i definitely want to start is

227

00:08:57,030 --> 00:08:54,399

to do a little bit more video

228

00:08:59,269 --> 00:08:57,040

documenting of what i um have been doing

229

00:09:01,670 --> 00:08:59,279

or i'm doing here on board so that i can

230

00:09:03,269 --> 00:09:01,680

share it uh with the public i've been

231

00:09:04,470 --> 00:09:03,279

doing quite a bit of photos but i

232

00:09:07,030 --> 00:09:04,480

haven't been

233

00:09:09,910 --> 00:09:07,040

into video a lot yet and that's probably

234

00:09:11,590 --> 00:09:09,920

my my new year's resolution right now

235

00:09:13,350 --> 00:09:11,600

well thanks uh you know you guys both

236

00:09:14,630 --> 00:09:13,360

have a spacex launch coming up in a week

237

00:09:17,030 --> 00:09:14,640

or so and i'm sure you'll find a few

238

00:09:18,630 --> 00:09:17,040

belated christmas presents on board but

239

00:09:20,389 --> 00:09:18,640

more important this is the first u.s

240

00:09:22,870 --> 00:09:20,399

cargo ship to reach the station since

241

00:09:25,110 --> 00:09:22,880

the antares failure back in october

242

00:09:27,110 --> 00:09:25,120

uh butch how important is it for spacex

243

00:09:29,670 --> 00:09:27,120

to maintain a steady cadence of supply

244

00:09:31,590 --> 00:09:29,680

ship uh launches since obviously orbital

245

00:09:36,630 --> 00:09:31,600

sciences antares is probably down for

246

00:09:41,990 --> 00:09:39,750

well spacex certainly has a a does a lot

247

00:09:43,910 --> 00:09:42,000

for us uh every time they come up they

248

00:09:45,670 --> 00:09:43,920

bring a great deal of cargo obviously

249

00:09:47,110 --> 00:09:45,680

and a great deal of experiments in

250

00:09:48,949 --> 00:09:47,120

science that we're

251
00:09:51,110 --> 00:09:48,959
very keen on accomplishing

252
00:09:52,630 --> 00:09:51,120
as we you know every single day we also

253
00:09:55,509 --> 00:09:52,640
have russian progress vehicles that

254
00:09:57,509 --> 00:09:55,519
bring us cargo so spacex does their part

255
00:09:59,190 --> 00:09:57,519
the russians do their part eventually

256
00:10:00,389 --> 00:09:59,200
orbital get it back to

257
00:10:01,670 --> 00:10:00,399
launching again and they'll be uh

258
00:10:02,829 --> 00:10:01,680
supplying us and so we're looking

259
00:10:05,350 --> 00:10:02,839
forward to those

260
00:10:06,870 --> 00:10:05,360
days for both of you you know scott

261
00:10:08,630 --> 00:10:06,880
kelly and mikhail kornienko are

262
00:10:10,150 --> 00:10:08,640
preparing for launch here in march or so

263
00:10:12,389 --> 00:10:10,160

to begin a year-long stay aboard the

264

00:10:14,230 --> 00:10:12,399

station but based on your experience

265

00:10:16,150 --> 00:10:14,240

what do you see as the major challenges

266

00:10:20,630 --> 00:10:16,160

those guys will face for a year-long

267

00:10:24,710 --> 00:10:23,590

i think the obvious obvious one is this

268

00:10:26,790 --> 00:10:24,720

that will definitely be this is a

269

00:10:28,310 --> 00:10:26,800

marathon six months is a long time and a

270

00:10:29,829 --> 00:10:28,320

year is even more so so it's like a

271

00:10:31,910 --> 00:10:29,839

double marathon and you got to pace

272

00:10:33,350 --> 00:10:31,920

yourself i mean you could literally you

273

00:10:34,949 --> 00:10:33,360

know work yourself to death there's so

274

00:10:36,630 --> 00:10:34,959

much you can work 24 hours a day and

275

00:10:37,910 --> 00:10:36,640

never get everything done so you

276

00:10:39,110 --> 00:10:37,920

definitely have to think ahead pace

277

00:10:40,470 --> 00:10:39,120

yourself maybe a couple of three-day

278

00:10:42,470 --> 00:10:40,480

weekends thrown in there will be nice

279

00:10:43,750 --> 00:10:42,480

for those guys that'll be up here for so

280

00:10:45,190 --> 00:10:43,760

long

281

00:10:47,110 --> 00:10:45,200

samantha what are your thoughts about a

282

00:10:48,389 --> 00:10:47,120

year-long mission i think you know most

283

00:10:50,150 --> 00:10:48,399

people on the ground would think being

284

00:10:52,550 --> 00:10:50,160

cooped up in a confined space for that

285

00:10:58,630 --> 00:10:52,560

long would be difficult regardless of

286

00:11:02,069 --> 00:11:00,310

no i i don't think so i wouldn't see

287

00:11:04,630 --> 00:11:02,079

that as a problem the space station is

288

00:11:07,990 --> 00:11:04,640

actually um an amazing i like to call it

289

00:11:09,990 --> 00:11:08,000

the humanities outpost in space and

290

00:11:11,750 --> 00:11:10,000

um and i hope that conveys a little bit

291

00:11:14,949 --> 00:11:11,760

the fact that it's a it's a it's a

292

00:11:17,269 --> 00:11:14,959

complex big grand huge facility and we

293

00:11:19,190 --> 00:11:17,279

have plenty of space up here so um you

294

00:11:21,350 --> 00:11:19,200

know we're obviously very respectful of

295

00:11:24,069 --> 00:11:21,360

each other's private space and there is

296

00:11:26,389 --> 00:11:24,079

enough space here to to to find your own

297

00:11:27,910 --> 00:11:26,399

your own private space if you need it so

298

00:11:28,710 --> 00:11:27,920

i wouldn't be concerned about that what

299

00:11:39,030 --> 00:11:28,720

i

300

00:11:41,509 --> 00:11:39,040

a long term and of course uh

301

00:11:43,110 --> 00:11:41,519

uh i think that's not only gonna there's

302

00:11:45,430 --> 00:11:43,120

there has only been one person who has

303

00:11:47,110 --> 00:11:45,440

been in space that long so far uh so we

304

00:11:48,949 --> 00:11:47,120

don't have a lot of experience uh yet

305

00:11:50,870 --> 00:11:48,959

and that's the whole point um and i

306

00:11:52,550 --> 00:11:50,880

think it it would be uh it might be a

307

00:11:53,990 --> 00:11:52,560

challenge for them to to really stay at

308

00:11:55,350 --> 00:11:54,000

the top of their health for a whole year

309

00:11:57,190 --> 00:11:55,360

and so that's my best wish for them just

310

00:11:58,470 --> 00:11:57,200

to stay healthy

311

00:11:59,910 --> 00:11:58,480

samantha you've been in orbit for a

312

00:12:02,230 --> 00:11:59,920

little over one month now i was

313

00:12:04,470 --> 00:12:02,240

wondering how reality compares with your

314

00:12:05,990 --> 00:12:04,480

pre-launch expectations in other words

315

00:12:12,629 --> 00:12:06,000

is there anything about the experience

316

00:12:16,230 --> 00:12:14,470

um

317

00:12:18,230 --> 00:12:16,240

you know lots of people tell you about

318

00:12:20,470 --> 00:12:18,240

how wonderful it is to view earth from

319

00:12:21,990 --> 00:12:20,480

the window and it is and that has been a

320

00:12:23,430 --> 00:12:22,000

confirmation i would not say that that

321

00:12:24,389 --> 00:12:23,440

has been a surprise because i was

322

00:12:27,110 --> 00:12:24,399

expecting

323

00:12:31,430 --> 00:12:27,120

it to be magnificent i guess what i did

324

00:12:32,710 --> 00:12:31,440

not expect is how much i enjoy floating

325

00:12:33,590 --> 00:12:32,720

i mean

326

00:12:42,710 --> 00:12:33,600

i

327

00:12:44,949 --> 00:12:42,720

my my body completely relax to be able

328

00:12:47,670 --> 00:12:44,959

to have dinner on the ceiling if i want

329

00:12:49,430 --> 00:12:47,680

and work on a wall or a bounce off

330

00:12:51,910 --> 00:12:49,440

you know another wall

331

00:12:54,550 --> 00:12:51,920

so i never expected that to be so

332

00:12:56,230 --> 00:12:54,560

incredibly enjoyable

333

00:12:57,910 --> 00:12:56,240

you know i noticed in your biography you

334

00:12:59,190 --> 00:12:57,920

said you enjoyed yoga and i never

335

00:13:00,710 --> 00:12:59,200

thought about it before but i was

336

00:13:05,030 --> 00:13:00,720

wondering if that was even possible in

337

00:13:08,949 --> 00:13:07,269

well i haven't tried yet but i i think

338

00:13:10,230 --> 00:13:08,959

the whole principle of yoga is you know

339

00:13:12,629 --> 00:13:10,240

is about your body weight and your

340

00:13:15,110 --> 00:13:12,639

alignment and really align your body

341

00:13:16,790 --> 00:13:15,120

along gravity so probably in space is

342

00:13:18,629 --> 00:13:16,800

kind of difficult but i would be really

343

00:13:20,069 --> 00:13:18,639

interested to hear the opinion and maybe

344

00:13:22,629 --> 00:13:20,079

the experience of somebody who's more

345

00:13:25,509 --> 00:13:22,639

experienced than me in yoga it'd be

346

00:13:27,350 --> 00:13:25,519

interesting to see what they think

347

00:13:28,470 --> 00:13:27,360

all right guys i got to wrap it up butch

348

00:13:29,910 --> 00:13:28,480

i was going to ask you about football

349

00:13:31,670 --> 00:13:29,920

you'll have to share that later you guys

350

00:13:34,470 --> 00:13:31,680

have a great new year's and we'll chat

351

00:13:35,990 --> 00:13:34,480

with you soon

352

00:13:37,269 --> 00:13:36,000

all right thanks a lot we'll be watching

353

00:13:40,710 --> 00:13:37,279

some football thanks to you and all your

354

00:13:48,150 --> 00:13:42,550

station this is houston acr that

355

00:13:53,269 --> 00:13:51,110

thank you bbc radio and cbs news station